



# American Rescue Plan Act (ARPA) State & Local Fiscal Recovery Funds Mental Health

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## City Council “A” Session

September 1, 2022

Presented by: Maria Villagómez, Deputy City Manager

# Presentation Overview



- Today's action recommends approval of an implementation plan for the use of ARPA: State and Local Fiscal Recovery Funds for Mental Health
- Public Safety Committee recommends this plan
- Next Steps and Request for Proposal (RFP) Process

# Mental Health Plan Development

1

Identify  
COVID-19  
Impact



2

Programs/  
strategies  
benefiting  
community  
members  
affected by  
impact



3

Desired  
Outcomes  
& Metrics

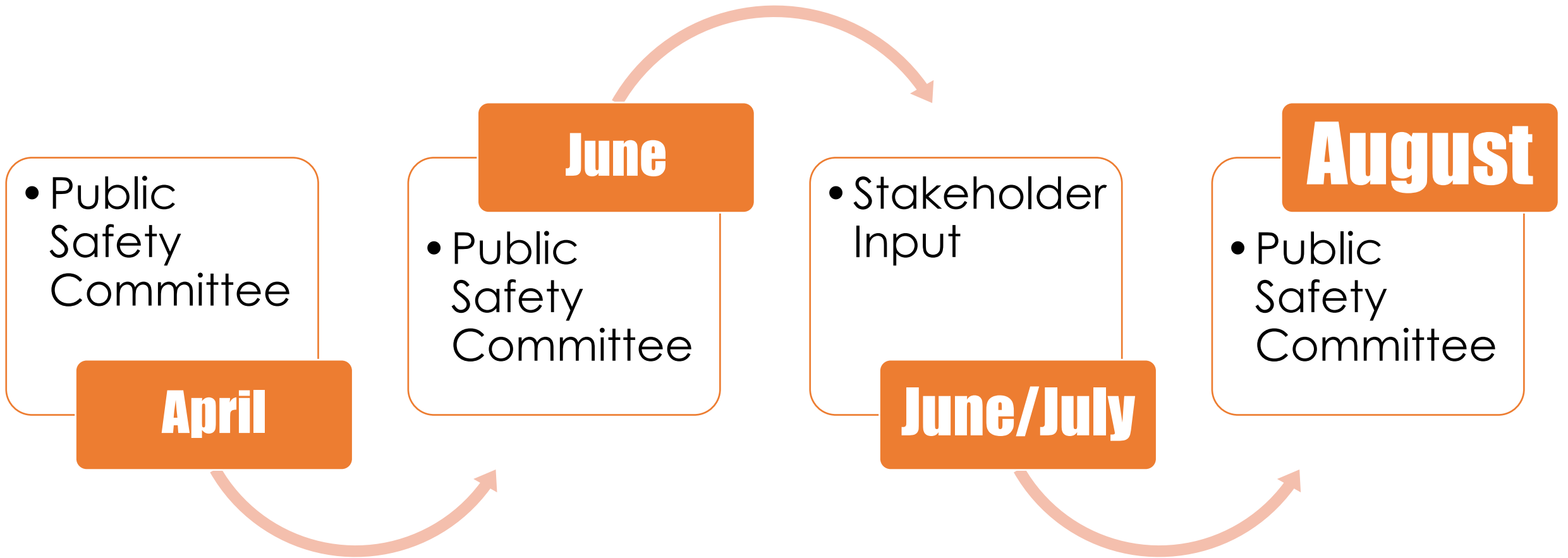


4

Two Year  
Plan  
2023 & 2024



# IMPLEMENTATION PLAN DEVELOPMENT



# Recommended Mental Health Implementation Plan

	Strategy/Program	City Programs	Competitive Process (RFP)	Total (In Millions)
Youth	Access to Mental Health		\$12.75	\$15.0
	Project Worth and Stand Up SA	\$0.75		
	Diagnostic Services		\$1.5	
Older Adults	Navigation Programs		\$0.5	\$5.0
	Social Interaction	\$2.5	\$1.7	
	Caregiver Program		\$0.3	
Homeless	Chronic and Unsheltered Veteran Homeless		\$1.0	\$5.0
	Youth Aging Out of Foster System		\$4.0	
Collaboration	Framework for upstream systems	In-Kind – Metro Health		\$1.0
	Education campaign/ 988 hotline		\$1.0	
Total in Millions		\$3.25	\$22.75	\$26.0

# Recommended Mental Health Plan

## Youth - \$15 Million

**Three Strategies** to address increased social isolation, anxiety, and depression

1. Expand Mental Health Service Access for Youth ages 12 to 19
  - Target: Census tracks with high concentration of
    - Mental Health Hospitalizations
    - 911 Calls
    - Equity Atlas Score 6 and Higher
2. Expand Metro Health Project Worth Teen Ambassador and Stand Up SA Programs for youth ages 12 to 19
3. Diagnostic Services and Family Plan Development for children up to the age of 6
  - Target: Census tracks with equity atlas score of 6 and higher



# Recommended Mental Health Plan

## Older Adults - \$5 Million

**Three Strategies** to address increased social isolation, anxiety, and depression

1. Expand Navigation Programs
2. Increase social interaction activities and programs
  - Expand opening hours at City Comprehensive Senior Centers (Pilot Program)
3. Caregiver Program Services and Coaching
  - Target: Census tracts with equity atlas score of 6 and higher



# Recommended Mental Health Plan

## Homeless - \$5 Million

**Two Strategies** to address increased homeless population with mental health and substance abuse issues

1. Connect Chronic and Unsheltered Veteran Homeless to Mental Health, Substance Abuse, and Housing Resources
2. Outreach and Services to Youth Aging Out of the Foster Care System



# Recommended Mental Health Plan

Collaboration - \$1 Million

**Four Strategies** to address behavioral health programs in Bexar County where COVID-19 has exacerbated existing conditions

Collaborate with partners to:

1. Establish a framework to serve and align upstream systems and organizations
2. Recommend/Identify a central phone number to respond to pre-crisis calls from individuals needing support and navigation
3. Public Education Campaign to address mental health stigma
4. Evaluate recently deployed 988 line for mental health

# Eligibility & Scoring

- Eligibility
  - Nonprofit Organizations (501 (c) 3)
  - Faith-Based Organizations
  - Public Entities (non-COSA)
  - Minimum of 2 years in operation
  - Demonstrate disproportionate COVID-19 impact
- Scoring Criteria
  - 30 Points: Experience Background and Qualifications
  - 40 Points: Proposed Plan
  - 20 Points: Budget
  - 10 Points: Evaluation, Innovation, and/or Continuity of Effective Programming



# Request for Proposal Timeline



- Joint RFP Process: Human Services and Metro Health
  - Mental Health
  - Seniors
  - Non-Profit Social Services
  - Youth



Staff recommends approval  
of Proposed Implementation Plan





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